

VOICE OF THE RESIDENTS

VOL. XXXII, No. 5

BROADMEAD, COCKEYSVILLE, MD.

JANUARY, 2011

BROADMEAD WELCOMES THE NEW YEARAND ANOTHER ROUND OF RENOVATIONS

By Elborg Forster

This time it's the turn of the upstairs hallway, roughly from the US mail boxes to the coat rooms.

The work will be done in January and February. Its most important aspects will be a change in the location of the desk, which will sport a polished stone surface, and of the US mail boxes, which will be placed in two alcoves, out of the way of foot traffic. Across from the elevator will be a living-room arrangement with comfortable chairs, shelves, little side tables for mail sorting and a fireplace. Announcements about schedules and events will be shown on an electronic screen, but there will also be a bulletin board for sign-up sheets and such. New lighting fixtures, new carpeting and new wall treatment will give a more modern look to the area. The general color scheme seems to be a very light green.

Actually, you can check all this out on architect's renderings posted in the display case, where pictures of the furniture and fabric samples for the carpeting and the upholstery can also be seen.

BROADMEAD RESIDENT DONATES CELLO TO SCHOOL FOR THE ARTS

Text and photo by Penny Partlow

When the music teacher at Roland Park Elementary School asked third grader L'Yann Holley to choose between tambourine and drums, she drew a blank stare. But when Miss Young held out a cello, L'Yann's huge brown eyes sparkled and she whispered, "Oh, my."

Today, a beautiful tenth grader at Baltimore School for the Arts, L'Yann still shows the quiet enthusiasm for the opportunity to study and perform on a treasured instrument gifted to the School by Broadmead resident Carolyn Underwood.

Carolyn grew up in the San Diego area and began her love affair with the cello in fifth grade. She continued her study of the cello through middle school and played with the youth orchestra in high school on a cello which she bought with money earned working as a "soda jerk". When she joined the Army, her career took her to the East Coast where she worked at Walter Reed as an XRay tech. When she married, her husband wanted to buy her a special gift and they came to Baltimore to purchase a cello which was crafted in Austria.

Flash forward to spring 2010 at Broadmead. Adventures in Learning sponsored a three-part series on the Baltimore School for the Arts. Carolyn became acquainted with the director, Nanny Warren, and asked if the music department would be interested in her cello as a gift to support the instrumental music curriculum. The reaction of Chris Ford, musical director, and Troy Stuart, cello teacher, was joyful appreciation, but no more so than that of L'Yann Holley.

On a recent visit to the Baltimore School for the Arts at Cathedral and Madison, Carolyn Underwood had the opportunity to meet with Warren, Ford, Stuart and



Cello instructor Stuart with Holley and Underwood

Holley for informal conversation. Stuart, a professional chamber music cellist who performs extensively in the United States and Europe, played a Bach cantata on Carolyn's cello to demonstrate the depth and beauty of the tone. He and Carolyn enjoyed an animated musical conversation and Carolyn presented the department with a small collection of sheet music for cello.

The gift of a valued and handsome musical instrument was an unexpected windfall for the School for the Arts. For Carolyn, it was an opportunity to share a gift which had given her so much pleasure, with the knowledge that she can hear its "voice" at BSA concerts and appreciate the opportunity she has given to a serious young musician.

VOICE OF THE RESIDENTS EDITORIAL POLICY

The *VOICE* seeks to announce and report on events and activities at Broadmead and to carry feature articles, poems and other items written by residents and staff and of interest to Broadmead residents, plus material assigned by the editors.

The *VOICE*'s major goal is to promote a sense of community. Therefore, the *VOICE* does not publish criticism of individuals or of the three organizations that comprise Broadmead (Residents, Administration, Trustees), nor controversies about Broadmead affairs, as there are established procedures for the resolution of internal problems. The *VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule the *VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed and the decision of the Editorial Board in regard to publication shall be final. Those submitting articles should make copies for themselves as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page with headline, copy which exceeds 600 words in length will be edited and cut. All submissions should be typed and, if possible, sent by Word attachment to broadmead-voice@broadmead.org, with a hard copy of same in the *VOICE* box at the reception desk on the upper level.

In Memoriam

Catherine "Kitty Anne" Cover

August 24, 1929

December 7, 2010

Eleanor Childs

July 25, 1920

December 16, 2010

Phyllis Comer

July 1, 1912

December 19, 2010

NEWLY ARRIVED RESIDENTS

Jean Elliott

Walter and Jane James

Sidney Daniels

P-7

W-4

B-11



Hannukah Celebration.... Clarinetist and saxophonist Dr. Eyal Bor and Banjoist Bruce Casteel entertained at Broadmead's Hannukah event, which also featured the lighting of Menorah candles. *Photo by Marcia Reinke*

M*S*S*H (MEN'S SATURDAY SOCIAL HOUR)

By Ted Wilson

Since Broadmead's earliest days, a very popular men-only program has been held to give men who are new to the community an opportunity to tell their fellow residents about what they did during their pre-retirement years.

This tradition continues to this day and will occur in January, February and March of 2011, starting on Saturday, January 8 and thereafter on alternate Saturdays.

Public speaking skills are not required. Talks last 15-20 minutes.

We meet at 9:30 a.m. in the lounge for socializing over coffee and doughnuts and then move into the auditorium for the talks. We are asked to chip in \$1.00 to help defray the cost of refreshments.

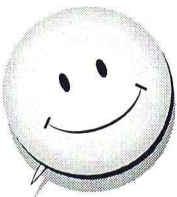
JANUARY SPEAKERS ARE:

Saturday, January 8

Richard Gilley

Saturday, January 22

James Crowder



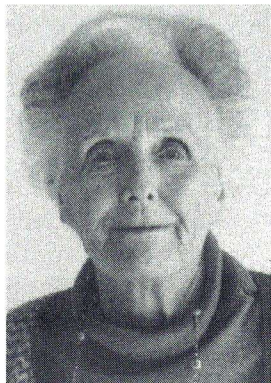
Broadmead Welcomes

By Nancy Allchin
Photo by Natalie Bellows

Jean Elliott (Mrs. Charles)

P-7 443-578-8296 November 2010

Jean moved here from Grosse Pointe, Michigan. However, she was brought up in California where she went to the University of Southern California. After graduating with a



degree in Personnel Management (now called "Human Resources") she went "to seek her fortune" in Hawaii where she remained for several years.

She married Harold Machamer on returning to California. His job as a microbiologist with Parke-Davis took them to Michigan where

they raised three girls. After Harold's death, Jean married Charles Elliott, a long-time friend of the couple.

Jean's girls left Michigan and are scattered about the country, one in Seattle, one in Memphis, and the third here in Baltimore where she is a cell biologist at Hopkins. It was she who persuaded her mother to come to Broadmead. There is one grandchild, unfortunately not close by.

After her children were grown, Jean went into business for herself, owning and running a kitchen-gourmet shop for seven years in Grosse Pointe. She describes herself as a voracious reader, and is looking forward to becoming an active member of the Broadmead community.

BIRD AND NATURE GROUP

Friday, January 28
1:30 p.m.
Fireplace Room



Everyone Welcome

PLANTINGS ARRIVE

By Elborg Forster

As the work on the new dining room neared completion, intense activity began to unfold on the slope in front of it. Trucks from the Maxalea Company delivered mountains of top soil and mulch, but before the gardeners could spread it, a bulldozer had to grade the slope to make it less steep. A couple of boulders were placed strategically to hold back the soil and add visual interest.

The next day trucks delivered the plant material, including full-grown trees, such as beautiful swamp birches complete with their pale golden leaves, holly trees with their red berries, and numerous flowering species. Then came bushes of varying sizes – deciduous blue spruce spirea, witch hazel and evergreen shrubs, such as Japanese pieris, boxwood, and viburnum. Big bags of spring bulbs, mainly daffodils and allium, came off the truck, as well as flats of perennials and ground covers, among them different kinds of astilbes, wild geraniums and decorative grasses. And this is only a sampling of the plants that arrived! To a home gardener, all of this looked overwhelming, but here the designer had a detailed plan that allowed him to mark the gently curving contours of the various plantings with a white line.

Then, for three days we saw the gardeners digging and delving, directed by men with clipboards. Before a day with heavy rains most of the plants were in the ground, well distributed, well mulched, and gathering strength for the sprouting and blossoming that is sure to come in a few months.

SATURDAY PROGRAMS

7 p.m. Auditorium

January 8 "Vanilla" Hank Kaestner
will talk on this condiment

January 22 Irvine Nature Center
"Wild Animals We Live with Every Day"

January 29 Author William Dudley
will talk on "Maritime Maryland."

Movies will be shown January 1 and 15.
See page 10

Sue Schlenger

FORBUSH SCHOOL HELPS SPECIAL EDUCATION CHILDREN

By Jonas Rappeport

Sheppard Pratt Health System's Forbush School at Glyndon opened its doors in 2009 after being relocated from the institution's Towson campus, its home for over 40 years. Today the health system manages 12 special education schools serving over 600 students in seven Maryland counties.

Explaining the Forbush goals and the growth of the school at a December Open Forum presentation, Abby Potter, coordinator of Educational Development and Training, said the school today is situated on a beautiful, tree-filled campus in northwest Baltimore County. The school uses a team approach in treating children with emotional disabilities and/or autism spectrum disorder. Many of the school's students have suffered severe emotional trauma. One third of the students, ages 3-18, come by bus and the rest by private transportation.

Regular schools are too stressful, both socially and academically for kids with serious emotional disabilities, so their parents are given a list of treatment facilities by the local educational agency which pays for this specialized care. Those who then apply to Forbush, both child and parents, are evaluated thoroughly to see if they can benefit through the program.

The Forbush School offers vocational training in food services, horticulture, building trades and computer skills to prepare these kids to function in the community. Some go on to further education as did two of the seven in this year's graduating class. Each student is immediately assigned an advisor, a teacher, an individual therapist and a social worker who meets with the family regularly. Speech, language and occupational therapy services are also offered.

The therapy focuses on trying to understand what function the symptoms serve for the student. The treatment team meets once a week to discuss problems and progress. Positive behavior is supported by seven positive comments for every corrective comment.

We then heard from Alex Bachman, 18, who just graduated from Forbush in June. The audience was enthralled by this very verbal and upbeat young man. He talked about his experiences at Forbush, how when he first arrived at the Glyndon campus he went around yelling, "kick me out" and resisting any efforts at help until he hid in a corner under the stairs 4

and a staff member came and talked to him. He spoke of being so frustrated in math class that he flipped over his chair and committed other acts of defiance reflecting his anxiety and tension.

Then he spoke about how far he has come. He was so proud that he had progressed at Forbush to the point where he was training others in the cafeteria and many of the younger kids looked up to him. When he graduated he stopped at the "hated" math teacher's room and apologized for his behavior and wished her a pleasant trip back to her home in India. He now drives and enjoys that freedom. He doesn't have a girl friend yet but hopes to start dating soon. He now feels he is ready for the real world and hopes to get a job in the food industry reflecting the training he received at Forbush.

Following Alex's talk, his father, Scott Bachman, a Baltimore County police officer, told how he had been diagnosed with cancer of the larynx when Alex was only two months old and his older brother, two years old.

He spoke of how proud he is of Alex and how grateful he is to Forbush for helping him.

The audience asked Alex many questions.

ADVENTURES IN LEARNING WINTER SERIES

"China Past and Present"

Auditorium

Wednesday January 12, 10:30 a.m.

William Rowe, Professor of History
Johns Hopkins University
Title to be announced

Wednesday, January 19, 10:30 a.m.

Jay Hancock, *Baltimore Sun* columnist
Title to be announced

Wednesday, January 26, 10:30 a.m.

Robert Mintz, curator at Walters Art Museum
Title to be announced

Thursday, February 3, 7 p.m.

Lu Zhang, Visiting Assistant Professor
of Sociology, Johns Hopkins University
"Labor and Globalization in China"

Elborg Forster

DIAPERED GOAT AND CLUCKING CHICKENS INVADE HALLOWELL ACTIVITIES ROOM

By Ruth Williams

Mary Willison was celebrating her birthday, complete with a balloon tied to her chair.

Suddenly Esther the Goat approached her and attempted to eat the carnation corsage pinned to her blouse. Fortunately the corsage was rescued with but partial damage.



Esther with diaper

Esther the Goat, Wanda the Chicken and an unnamed Brown Chicken had come to Broadmead as part of the Farm Fun program to meet over 30 residents and staff in the Hallowell Activities Room in late November.



Wanda and friend

Pam Miller, the owner of Esther, the chickens and other farm animals, said that Esther is a black, white and tan female La Mancha goat weighing 50 pounds. In the first three weeks of her life, Esther lived in a playpen in the Miller house. At full size she will weigh 140 to 150 pounds.*

She almost died a while ago and was saved by a team of veterinarians at the same hospital where the race horse, Barbaro, was treated. Esther will be a milking goat.

Pam said that more people around the world eat goat meat and milk than beef products. Goats usually have twins, occasionally triplets. At the farm, Pam and her family make goat products such as cheese, milk, sour cream, cream cheese and ice cream. One female goat produces one-and-a-half gallons of milk a day. For Thanksgiving the Miller goats were served animal crackers as a special treat.

Goat food was provided to the residents who fed and petted the friendly animal. The goat wore a diaper, which fell off occasionally and had to be put back in place. The two chickens walked around the floor clucking. Pam told us that Wanda the Chicken lays blue-green eggs, while Brown Chicken lays brown eggs. The residents asked many questions and thoroughly enjoyed the program.

(*Residents who attended the June Country Fair may recall that a younger and smaller Esther the Goat visited at that time.)

PROTECTING CCRC RESIDENTS

By Marcia Reinke

Residents moving into a retirement home entrust not only their quality of life, but frequently their life savings. What should they be looking for when they make the decision to pull up stakes and move in? What protections do they have should the retirement home experience financial problems?

These are the issues being explored and monitored by the Maryland Continuing Care Residents Association (MaCCRA), which was founded by Broadmead resident Robert Sparks 18 years ago and which now has 12 active chapters. Eighty Broadmead residents are currently dues-paying members and more would be welcomed. Jonas Rappeport is chair of the Broadmead group and vice president of the statewide organization.

Discussions at recent MaCCRA meetings have centered on clearer definitions of when a CCRC is experiencing financial difficulty; the strengthening of grievance procedures; resident representation on boards of trustees; and transparency of financial information; as well as a law change which would allow the transfer of assets to affiliated organizations, including those that are located out of state.

Providers are represented in this discussion by an organization known as LifeSpan. MaCCRA and Lifespan both send delegates to the Continuing Care Advisory Committee, a group set up by the Maryland Department of Aging. The two groups currently remain at odds in regard to legislation to be submitted to the 2011 General Assembly. MaCCRA's government affairs partner, representing residents before the General Assembly, is Barbara Brocato of Barbara Marx Brocato Associates of Annapolis, who will speak to Open Forum January 21.

Representing Broadmead at various off-campus meetings of MaCCRA this fall have been Rappeport, John Carnell, William and Marcia Reinke and Ruth Bronstein.

MULTICULTURAL COMMITTEE

Wednesday, January 5, 10 a.m.—noon
Auditorium

**Gathering for all those interested in
helping to make a Broadmead quilt**

Monday, January 17, 7 p.m. Auditorium
Celebrating the Life of Martin Luther King
(want to host our visitors at dinner that evening?
Contact Bob Fetter—E-2 x8228)

THE BLUES AT BROADMEAD A REVIEW

By Virginia Schurman

Seth Kibel of the Peabody Institute presented three lively and informative talks on the history of the blues and its major musicians for the fall Adventures in Learning series. Dynamic, funny, entertaining and engaging, Kibel combined his extensive knowledge of blues history with playing a wide variety of musical instruments, original recordings and film clips.

The blues became popular in the decades following the Civil War in the southern rural African-American culture, and evolved directly from traditional African music. The blues adopted the "neutral third", in between the major and minor scales of traditional western music, from African music. The blues originated in the slave culture, where music was the only source of entertainment and diversion and a method of communication. Used in the Underground Railroad, the blues arose from the tradition of "the field holler", work songs sung by slaves working in the fields. These gave rise to both the tradition of the spirituals in the church and the blues in the secular culture. Initially it focused on voices and then added guitars, the banjo, and the piano.

William Christopher (W. C.) Handy was born in 1873 in Florence, Alabama, to a poor black family. He had classical musical training and traveled through the South on the minstrel circuit, which was the only available source of entertainment for blacks in the rural South. The minstrel circuit eventually evolved into vaudeville. The classical blues structure was AAB with A's being repetitions of the same verse, and the B being the concluding verse. Handy adapted the rural blues sound to western music. He was the first black person to start a company to publish sheet music, including the St. Louis and Beale St. blues, and was the first to popularize the blues.

Mamie Smith (1883-1946) was not only the first to record the blues, but also to have the first million record seller with the song, "Crazy Blues". She launched a succession of black women "belters", like Bessie Smith and Ethel Waters who came from the minstrel tradition and who sang with bands in the Harlem Renaissance.

Robert Johnson (1911-38) had a tumultuous childhood, growing up in the rural Mississippi black culture. He built himself a makeshift guitar, "diddley bo," and played at parties and gatherings. He became the iconic traveling bluesman – a womanizer and hard-drinker-- who lived fast and died young. A 6

virtuoso guitar player, singer and song writer, he portrayed himself as selling his soul to the Devil. His recording, the "Terraplane Blues", illustrated the bawdy, lascivious side of the blues. He was the principal performer at Carnegie Hall in *From Spirituals to Swing*, a survey of African-American music.

Muddy Waters (1915-1983) was born McKinley Morganfield in the Mississippi delta on a massive sharecropper farm which exploited black farm laborers. He fled to the Chicago Southside, a solidly middle-class community with a vibrant African-American culture. He played at bars and parties, and was the first to trade the acoustic guitar for the electric guitar. He founded Chess Records, which recorded blues music for the black community in urban areas in the North, and also wrote and recorded his own songs. A snappy dresser with a big ego, known for his extra-marital affairs, he wrote "Hoochie – Coochie Man," illustrating his bravado, raw sexuality and voodoo influences. He transformed the blues into a modern electrified form, was the forefather of Rock and Roll, especially of British bands like the Rolling Stones, and mentored young blues musicians.

WINNERS ANNOUNCED FOR ROUND ROBIN THREE

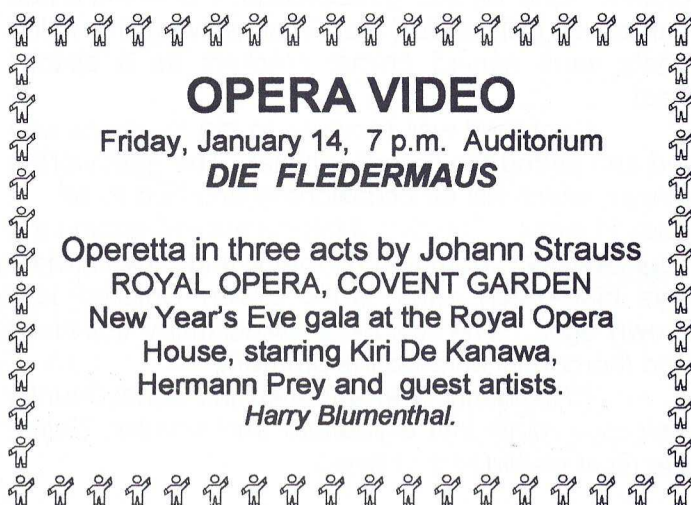
The 2010 team winners of Broadmead's Round Robin Bridge Three were announced by organizer Weezie Davis at a recent L'Hirondelle Club luncheon.

Placing first were Ann Allen Dandy and Peggy Taliaferro; second, Betsey Spragins and Midge Nelson; third, Jean Wilson and Louise Williams; fourth, Virginia Cooley and Barbara Smith; fifth, Weezie Davis and Priscilla Stieff; and sixth, Bette Hollyday and Germaine Sharretts.

OPERA VIDEO

Friday, January 14, 7 p.m. Auditorium
DIE FLEDERMAUS

Operetta in three acts by Johann Strauss
ROYAL OPERA, COVENT GARDEN
New Year's Eve gala at the Royal Opera House, starring Kiri De Kanawa, Hermann Prey and guest artists.
Harry Blumenthal.



HOLIDAY CREATIVITY

By Alma Smith

If you have been wondering about the beautifully decorated, creative trees and greenery around the Broadmead Center, think no more! The talented artist is none other than Anne Foy, Health Care Services Assistant of Broadmead, Inc.

The tree in the Holly Terrace tower, donated by two residents, was decorated to blend with the color theme of that dining room as requested by Bernard Queen, director of Food Services. Our resident artist Liz Jackson calls it an elegant work of art.

In the main hallway opposite the dining entrance is "A Partridge in a Pear Tree." Did you notice the "edible" golden pears hanging from the tree with the partridge perched on its top? How original is that!

And there are the lovely arrangements on the tables opposite the reception desk by the elevator. These were requested because poinsettias seem to suffer in this area, so we needed artificial but seasonal baskets of greens. And note the small tree that looks like it came out of the woods and is growing on the ledge behind our reception desk.

If you haven't been in the halls of Hallowell this holiday season, then you've missed "Mr. Snowman." Oh what a work of creativity! The residents and Health Care staff in the West Hall just love Mr. Snowman keeping them company in their sitting area across from the nurses' station. And there are the glistening snowflake trees topped by Santa's hat adorning Hallowell's dining room and East Hall's sitting area...a sight to behold.

Taylor Hall residents had a fun-filled holiday party with the help of Harriet Ambrose and Rita Johnson-Chase, decorating their holiday tree with ornaments supplied by Anne Foy. Take a look before it comes down in a few days.

Forgive me, Anne, if I have forgotten other holiday decorations you have provided to adorn the Broadmead Center. Many thanks to this lovely and talented lady for these festive decorations, some of which were purchased and others loaned from her attic. Through Anne's creativity, time and generosity, we have been blessed this holiday season.

NATIVE AMERICAN CULTURE SEEKS BALANCE

By Virginia Schurman

Native American culture seeks to find the purpose, meaning and balance in everything – combining the mental, physical, emotional, and spiritual, Keith Colston said at a Multicultural Committee program last month.

Colston, administrator of the Maryland Commission on Indian Affairs, shared the culture of the Tuscarora and Lumbee tribes from his own experience as a member of both. He said he was "delighted, honored, and humbled to be with the 'elders' of Broadmead" and shared how he has learned so much from the elders of his tribes. Singing in a native language, he honored the courage and sacrifice of the veterans present.

The Lumbees, found in North Carolina, Maryland, Michigan and California, are the largest Native American tribe east of the Mississippi. There are some 66,000 Lumbees in the U.S., and they are the largest tribe in Maryland. The Tuscarora were adopted by the Iroquois Confederacy of Six Nations in the North after they were forced out of North Carolina during the colonial period.

Mentioning his own dress and appearance, he said his traditional long hair in the back symbolizes strength, and short hair in the front acknowledges his place in the current culture which was also illustrated by his wearing a suit. He did not wear a tie, instead choosing a traditional medallion with colors to represent the colors of all people – red, yellow, black, and white.

The Native Americans are a people of spirituality, not religion, he said. They worship the one Creator who has given us all that we have. They use singing and dancing, and tobacco, sweet grass and sage in their religious services. They smoke or burn these, feeling that the smoke travels up and carries their prayers.

Using a circle as an example of a good mental state, Native Americans seek a balance in all they do. Earlier in the history of our country, Native American self esteem was damaged when they were forced to give up their traditions such as native dress, traditional prayers, traditional language. He believes this is changing for the better today and that listening to each other and valuing other cultures helps in the progression of his people. The Lumbees are seeking full federal status which will increase their opportunities and improve their way of life

For further information, go to: nativeamericanreport.com and nativebiznews.com.

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Gertrude Byrd	B-4	H-248
Bettie Byerly	F-8	SR-106

WOODSHOP HELPS YOU.... CAN YOU HELP THE WOODSHOP?

By Nancy Boyce

Has your desk been scratched or nicked?

Are there water stains on your coffee table, or are your chairs "wiggledy"?

The Woodshop can help!

Moreover, with the economy also "wiggledy" and Broadmead's occupancy temporarily low, the Woodshop is looking for both work and workers.

A select group of talented workers, headed by John McShane and Jonas Rappeport, can fix anything from lamps that need rewiring to furniture in need of repair. The Shop has assembled kits from Ikea, as well as bureaus from more pricey stores.

According to a report dated July 30, 1994, the Woodshop exists "for the pleasure and use of all interested residents." To use some of the machines a resident needs to be authorized by one of the "heads". However, the Shop remains a place where work can be done that cannot be done in a resident's apartment.

In short, the Shop draws you outside, away from that easy chair. Your mind and body are exercised. There are experienced residents eager to teach you new skills. You'll discover talents you never thought existed.

An earlier plea for workers found in *The Voice* archives was titled "If You've Ever Sharpened a Pencil, You're a Woodworker."

In 1979, Broadmead's early years, the committee was known as the "Crafts (Clean and Dirty) Committee." Then in 1980 the organization we now

know was started. A report from May, 1982, explained, "The Woodshop makes no charge for anything it does. It asks residents to make a suggested contribution and hopes such contribution covers the costs and materials...." That policy still exists.

Residents Ed Marsh, Ed Robinson, Phil Schnering and Chris Slaughter are among the early Woodshop pioneers. Chris remembers a past head, Dr. Charles Ellicott, who "was so interested in his work that he wanted to install a bed and sleep there."

Ed Robinson said "workers met weekly to discuss jobs and decide who would do what. Also, most new residents had had shops of their own before moving here, so were experienced workers. They built shelves for residents, lazy susans for the dining rooms and put skids on the chairs."

According to Phil Schnering, "once a month a team of workers would clean the entire place until it was spotless." This job has been turned over to Maintenance.

Although a refuge for males, women have been involved from the very beginning.

All residents who would like to learn a skill are invited to stop by during "business" hours, usually from 10-noon on weekday mornings, and talk to whomever happens to be there. If residents want to send in work, please call any of the following first and then either bring the piece in or ask Maintenance for help if it is too large: John McShane, 410-785-9847; Jonas Rappeport, 410-527-0440; Leo Weiss (electrical) 410-527-1477; Ben Villalobos, 410-229-9837; Betty Douglas, 410-785-2444; or Nancy Boyce, 410-584-9894.



WOODSHOP WORKERS, from left, Dwight Hastings, Benny Villalobos, John McShane and John Robbins. All will be happy to repair or fix your furniture, lamps and small appliances or to show you the ropes so you can join the crew.



AT TOP: Long time woodworkers Chris Slaughter, Phil Schnering and Ed Robinson. WOODWORKING WOMEN are Nancy Boyce and Betty Douglas.

Photos by Bob Davies



You don't need to be a retired psychiatrist (Jonas Rappeport, left) or a retired dentist (Leo Weiss, right) to work in the woodshop. All are welcome

Photos by Bob Davies

MULTIPLE USES FOR DRONES

By Marcia Reinke

"I can think of no greater task," Ellen Lord told AAI employees, "than to provide our war fighters with the tools and services they need to support them in the field."

Lord was speaking on the occasion of the Hunt Valley company's 60th anniversary. She brought the same message to a Broadmead Open Forum presentation at which she explained and defended the use of unmanned flying aircraft, known more often as "drones."

AAI designs and builds drones on some 27 acres off Industry Lane. Used mainly by the military today, drones are expected to have many non-war and civilian uses in years to come. Founded by five engineers from the Glenn L. Martin Co., forerunner of Lockheed Martin, in 1950, AAI was acquired by Textron in 2007. Shortly thereafter Lord, a long-time employee of Textron, was sent to her native Baltimore to serve as AAI's senior vice president and general manager.

Unmanned aircraft are not robots. They must have a man "in the loop to pull the trigger," she said. But the payload, compared to a manned aircraft is small. Should one go down, there's not much to lose. "Its payload is a camera," she said.

Commenting on a well-publicized killing of Afghan wedding guests, Lord admitted that mistakes have been made by the long-distance operators of drones. But operation errors exist with manned aircraft too, she said. Drones may be operated over Afghanistan by personnel in Utah or D.C. via satellite communication.

Lord was recommended as an Open Forum speaker by resident Walter Dandy, a friend of her family, and by resident Mary Frances Wagley who was headmistress at St. Paul's School for Girls when Lord was a student. She also has a family connection to Broadmead. She is the granddaughter of Robert Black, president, CEO and board chairman of Black and Decker and a resident of Broadmead in his later years.

Among the civilian uses for drones, Lord explained, are pipeline and border surveillance. They may be used to fly into the eye of a hurricane for research purposes, to watch traffic on roads, or to monitor forest fires and direct fire-fighting operations. The rescue of the American ship captain from Somali pirates was assisted by usage of drones.

The major issues currently are use of U.S. civilian air space which is regulated by the Federal Aviation Administration (FAA).



BROADMEAD MOVIES

In the auditorium at 7 p.m.
*Tuesday movies selected
 by Gretel and Leo Weiss*
*Saturday movies selected by
 Jeanne Stephenson*

Saturday, Jan. 1

The Young Victoria

A young and inexperienced Queen Victoria draws strength from the love of Albert, the handsome Belgian prince who has stolen her heart. Emily Blunt, Rupert Friend, Paul Bettany, Miranda Richardson.

2009

PG

105 minutes

Tuesday, Jan. 4

Some Like It Hot

One of the great comedies of all time when two musicians escape from a gang of killers by joining an all-girl band. With Jack Lemmon, Tony Curtis and Marilyn Monroe. Won many awards

1959

NR

122 minutes

Tuesday, Jan. 11

**Mademoiselle
Chambon**

This small, nearly perfect film is a reminder that personal upheavals are as consequential as shattering world events. When a bashful school teacher invites a construction worker to her class to discuss his trade, a relationship develops. *French with English subtitles.*

2009

NR

101 minutes

Saturday, Jan. 15

Paper Moon

Ryan O'Neal, Tatum O'Neal. A precocious little girl teams up with a man who "might be" her father and cons her way through the depression-era South.

1973

NR

102 minutes

Tuesday, January 18

**Gifted Hands:
the Ben Carson Story**

A Baltimore story. Oscar winner Cuba Gooding Jr., stars as a pediatric neurosurgeon, raised by a single mother, who overcomes tremendous obstacles to study medicine and to save lives at Johns Hopkins Hospital. *Subtitles*

2009

NR

90 minutes

Tuesday, Jan 25

**The Story of the
Weeping Camel**

This unique documentary follows a Mongolian camel who rejects her newborn white colt. All hope lies with two young shepherd boys who must travel across the Gobi desert to find a healing musician.

English subtitles

2003

PG

87 minutes

DRIVING ISSUES EXPLORED

By Frank Iber, MD

Driving has become more and more complex with high speeds, superhighways, newer cars and many distractions, both within the cars and outside.

Addressing these problems at a lecture sponsored by the Health Care Committee, Dr. Carl Soderstrom of the Maryland Department of Motor Vehicles said accidents are more common in teens due to inexperience and alcohol, and in the elderly due to medications, plus impaired senses and motor skills. Many seniors restrict driving at night, on belt-ways, or in inclement weather voluntarily, he said.

The Department's Advisory Board tries to keep senior drivers behind the wheel and evaluates nearly 15,000 yearly concerns received from family, police and doctors. Most of the time these do not interfere with driving, but about one-fifth require more detailed evaluation. The tests used can be taken on line at www.seniordrivers.org. Failures in these tests lead to further evaluations with the ultimate determination requiring a road test in traffic. In many instances, physical therapy, driver retraining or restriction allows the person to continue to drive.

INCONTINENCE

By Frank Iber, MD

Urinary incontinence, the subject of a recent Health Committee lecture by Joan Blomquist, affects 45% of women and 15% of men over the age of 65. It impairs sleep, daily living, and costs \$750 yearly for pads. In stress incontinence the bladder and urinary sphincter are normal but the supporting tissues are weak. Physical straining or cough precipitate the leakage. Kegel exercises help many. If not, minimal surgery tightens the bladder neck.

An overactive bladder causing urgent urination is the other common cause. Nerve injury in the bladder and sphincter exist. It is helped by both anti-spasm drugs and behavioral training. Incontinence may also be a side effect of many drugs, urinary infection, or a prolapsed pelvic floor. With their correction, the incontinence disappears.

VESPERS

**Sunday, January 16, 4:30 p.m. Main Lounge
 Rev. Ralph Cook**

Retired, United Church of Christ
 Served churches in Illinois, Indiana and Maryland
 Experienced nationally and internationally in
 Leadership Development

*All are welcome
 Bill Duff*

SLOW DOWN! SPEED BUMPS

By Sally Bloomer

Traffic is moving too fast along the Perimeter Road (20 mph limit) and the Fire Lane (10 mph). It is difficult to control commercial traffic, but offending residents should act more responsibly. The life you save may be your friend's!

One resident along the Fire Lane is considering moving because of the speeders. Speed limit signs seem ineffective. Besides, aren't there enough unsightly signs on the landscape?

Two new speed bumps are now installed on the east side of the perimeter road. Residents, do your part! Set a good example! Caution your visitors to do the same. Are we really in that much hurry?

BRA HEALTH CARE COMMITTEE LECTURES

Tuesday, January 11, 10:30 a.m.

Jonas Rappeport, MD

Depression—Avoid It, Resist It, or Treat It

Tuesday, January 18, 10:30 a.m.

Program on Diabetes

***All programs in the Auditorium.
Everyone welcome***

Wednesday Worship

1st Wednesday every month at 10:30 a.m.

EPISCOPAL COMMUNION

Taylor East Lounge, 3rd floor

Sponsored by Sherwood Episcopal Church

2nd Wednesday every month at 10 a.m.

CATHOLIC MASS

Taylor East Lounge, 3rd floor

Sponsored by St. Francis Xavier Church

3rd Wednesday every month at 10:30 a.m.

PRESBYTERIAN COMMUNION

Stony Run Activities Room, 3rd floor

Sponsored by Ashland Presbyterian Church

NOMINATING COMMITTEE NAMED FOR 2011 ELECTION

BRA President Kitty Stierhoff has announced the 2011 Nominating Committee. Continuing from the 2010 committee are Betsy Schrauder, Frank Iber and Ethel Landis. Named by the Executive Committee are Susie Fetter and John Michener. The Nominating Committee has been reconfigured due to an October change in the Bylaws.

MUSICAL EVENTS

Auditorium and Lounge

Sunday, January 9 at 2 p.m.

SWEET ADELINES

34 young ladies singing barbershop

Monday, January 17 at 7 p.m.

MARTIN LUTHER KING DAY

Douglas Memorial Church Choir

Wednesday, January 19 at 7 p.m.

LET'S SING

with Jonathan Jensen at the piano.

Sunday, January 30 at 2 p.m.

C STREET BRASS

A combo of five brass instruments playing
some great and varied music

by Phil Schnering

OPEN FORUM PRESENTS

7 p.m. Auditorium

Thursday, January 6

**ADVANCING THE EQUALITY OF GLBT
(gay, lesbian, bi-sexual, transgender)**

MARYLANDERS

**Morgan Meneses-Sheets, executive
director, Equality Maryland Inc.**

Friday, January 21

MARYLAND CCRC CONSUMER RIGHTS

**Barbara Brocato, legislative liaison
Maryland Continuing Care Residents
Association (MACCRA)**

QUILT MUSEUM VISIT TO BE FOLLOWED BY QUILT PROJECT

By Sally Bloomer

Intrigued by a visit Benjamin Banneker, aka Bob Smith, made to Broadmead, a group of residents visited the Benjamin Banneker Park and Museum built by Baltimore County on land where he lived and died. The park is located in Oella on the outskirts of Ellicott City.

Robert Banneker purchased 100 acres in 1737 with the receipts of 7,000 lbs of tobacco. Here the Bannekers farmed tobacco, wheat, corn and vegetables and sold their produce to the Ellicotts. The Ellicott Brothers, Quakers from Pennsylvania, founded a flour mill and employed many workers. They were glad to receive the produce from the Banneker farm in their store.

Benjamin became the sole owner of the property, then known as Stout, where he continued to live after his father's death. He did not confine his time to farming. He studied astronomy with George Ellicott. He joined Andrew Ellicott's team to survey the boundaries for Washington as well as contributing the star locations for six almanacs.

When his health deteriorated, he sold 72 acres to the Ellicotts with the agreement that he have life use of the land. He abandoned farming and concentrated on mathematics, beehives and astronomy. He also corresponded with Thomas Jefferson concerning slavery.

The location of the Banneker homestead was rediscovered during Maryland Historical Trust archeological investigations. The museum contains many artifacts found on the site. An exhibit includes a wax figure of Benjamin sitting at the original table busy writing for the almanac with his quill pen. Nearby is a telescope and bee hive, as well as a copy of one of his almanacs. A film starring Ossie Davis entitled *The Man Who Loved Stars* was enjoyed by the visitors. Another thrill was the visit behind the main building to the small reconstructed log cabin which is authentically furnished.

The walls of the museum are covered with a Maryland community quilt collection entitled "Stitches in Time/Threads of Change". Among the quilts is one entitled "I Am My Family History," by the Gaither family as well as patchworks made by students from Towson University and the Maryland Institute College of Art. This exhibit will continue until March 30.

Resident Gwen Marable, who is a collateral descendent of Benjamin, said, "What thrilled me most, as I welcomed and watched each resident come through the main entrance, were the faces as they lit up at the sight of the colorful quilts hanging on the walls and from the rafters."

The Multicultural Committee is planning a quilting project in January and hopes all interested residents will participate.

Former Broadmead Trustee Mary Ellen Saterlie, Bobbie Siebens, Peggy Taliaferro, Gwen Marable and Virginia Schurman are advising the Committee on the project.

BUDDY CHECK

We each have our own way of letting our buddy know whether we are up and functioning. But what do you do if your buddy's sign is not in place?

This is the sequence for action:

1. Try telephoning him/her.
2. Check with the reception desk to see whether she/he has signed out.
3. Call the duty man and ask him to open your buddy's apartment to check on his/her safety.
4. If your buddy has gone away without telling you, remind him/her to let you know so you won't worry. Be sure to let your buddy or a neighbor know if you plan to be away.

Susie Fetter

SEASONS

By Carolyn Underwood

Frost and cold creep in.
Pull out the winter clothes.
Glad to have them now.

Forgot what some were,
Last winter is long, long gone.
Like getting new clothes.

Fall almost over
Birds and butterflies gone south.
On the way, ice, snow.

Nomads move with flocks.
To find new fodder
As the seasons come and go.

The vultures circle
Expecting more food to eat.
Wonder what they'll find?

Their winter menu
May comprise small animals.
Hide, hide little ones.

You don't want to be
Their Thanksgiving dinner,
Or Christmas either.

Soon, soon returns light
And spring will bring its glory
Back into our lives.

HITHER, THITHER AND YAWN

With Foxy Georgia

Such a fall !!..so full of doings.....where to begin?

Well,..at the beginning, of course, which means,OMGhere it is time to gather up workers for the next barn sale in March, and Foxy forgot to report on the whoop-de-do fall barn sale, with its whole new format.

Smart re-arrangement of the sales venues, plus adding Saturday to the sale and vigorous publicity (including Craig's list) and signs every where.....balloons too...Larry Galla and Sally Bloomer and Fleasy Platt huffed and puffed. and that drew the crowds in...like you never saw before !!

It was really sumpin', special..congrats and many thanks to Donna Smith, Sita Smith and Anne Minkowski (what?.... Not Smith?..how'd that happen?) and their corps of literally hundreds of vols who worked so diligently!!.....

Amazing what sells.. a huge enormous chair so huge we nearly lost John Robbins (that signage star) when he tested it for size ..Anne Leavitt, the bag and shoe gal, featured a pair of bedroom slippers. with toes and painted nails..would you believe.. blue? Agnes Visy peddled books by the caseload, and Bonnie Cox and Nancy Allchin and the clothing dept were wheeling and dealing to beat the band..Hey! that's an idea !..Lets have a band at the next sale !!

MHOTY..hey you texters.. can you guess what's ahead?..cold weather fashion notes..gents first... cool big time favorite; tweed cap: Don Smyth, Bob Morrison, Joe Giles, Monty Lyon. .how ya keep your ears warm? Larry Galla does it with a knitted stocking cap, and spied that same idea on several gals...Marjorie Gold, Carol McCord, Barbara Koppelman, Margaret Proctor (original model created by Mia Davis, night attendant on Taylor, available at Staff Craft Sale, adv.),

But hold on!!..it gets big time stuff when Nancy Boyce and Eleanor Kaufman decorate their toppers with pins, merit badges and do-dabs..practically the story of their lives....but wait..that's not all....the international set...Charlie Lee keeps warm in an Australian bush hat, and Dwight Hastings in his Greek fisherman's cap and Paul Olson is his fur trimmed chapeau (Russian is it?)...Can't begin to keep track of all the hats for all seasons Bunny Knipp owns.....style setter in white (very becoming)

Barbara Sieck. .is that a cloche, or toque ... holy smoke, help my ignorance,..... Germaine Sharretts has a dashing stocking cap with visor, and

Emily Laisy wards off the winter sun in her number. ...Speaking of headlines...the eating and greeting and meeting venues are here..no doubt you have noticed.

Fashion notes here are awed and amazed and glazed looks on faces as we absorb the changes and improvements and re-arrangements with delight and pleasure.. like wow!!.. Many thanks to Doug Bareis and his large and creative team who have whipped this up for our enjoyment....

Wolfing down the yummy hamburgers is becoming the favorite activity in the Arbor Cafe...try the chicken Caesar salad in the Holly Terrace...it conquers Gaul (' er.. ...all..)....YKWIM ... watch this space for menu marvels.. . .what do you like best ? entries warmly received..

Didn't go' on turkey day..did not lurkey around, so don't know nothin'...but you all looked happy. So it musta bin fine!!

Didja see those jazzy kids at the jazz session Jonas Rapoport organized for Dottie Krug's (Happy Birthday ole pal) Adventures in Learning Committee? (Sorry you had to miss some of them, Jonas) but Alma Smith, Joyce Griffith, Sally Crosby, Marjorie Scott (great to you see you, gal) Penny Partlow, Chas Stieff, Lyman Anderson and Dick Gilley really loved every minute of the sessions..

as always, bin running off at the mouth...so no mo' space...nuff saidtill next time.. ??

FRIENDS MEETING FOR WORSHIP
SUNDAYS AT 11 A.M.
STONY RUN BOARD ROOM
Everyone welcome

BOOK GROUP SELECTIONS

In the Auditorium, 10:30 a.m.

Monday, January 17

Tale of Two Cities, by Charles Dickens
Bob Forster, facilitator

Monday, February 7

Huckleberry Finn by Mark Twain,

Due to scheduling conflicts we have been meeting when space is available. Future discussions will be held the first Monday of each month.

Susie Fetter

CADI'S CANDID CANINE INTERVIEW

By Sibylle Ehrlich

Sibylle: What is it like to be a dog in Broadmead?

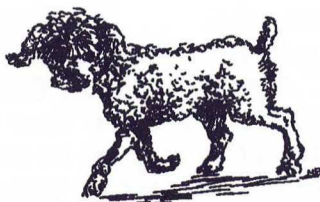
Cadi: Oh, I really like being here. The other dogs are for the most part friendly and we enjoy sniffing each other. Some of them are quite elderly and can't run so fast anymore. But that is to be expected here, I guess. I get taken on walks where there are interesting smells: deer, squirrels, fox and many other animals which I don't know. I love the dog park where I can play with my friends and run around off the leash.

Sibylle: Do you get to know the residents?

Cadi: Oh yes, except my owner doesn't like it when I greet them too enthusiastically by jumping up. I am just so excited to see so many nice people. I am not supposed to jump on their laps either when they are sitting on a bench or in their wheelchair. I am just being friendly. Also when we go for a walk I am supposed to sit patiently while she stops and talks with her friends; but if I stop to sniff something, she tells me not to dawdle. That doesn't seem quite fair.

Sibylle: Are you satisfied with the food?

Cadi: Well, yes, I guess. It gets a little monotonous to eat the same dry dog food every day. But meals are mostly on time. Someone must have suggested a little variety,



because lately she's been sprinkling some cheese on top. And my owner and I do eat a snack before going to bed.

Sibylle: What time do you go to bed?

Cadi: About 11:00 I pull down the cover on the bed so we can get into bed. I do try to be helpful.

Sibylle: You mean, you are allowed to sleep in the same bed?

Cadi: Yes, though I hate getting my paws wiped before going to bed. Also she gets very annoyed if I scratch. But between you and me, I think she really liked having me in bed last winter, because she'd put her cold feet on me and I pretended that I didn't mind. I also pretend that I don't hear her snoring. In the morning I am quiet until she wakes up, unless...

Sibylle: Unless what?

Cadi: She is actually quite good at understanding dog-gish. She understands the "I want to eat" growl and the "there is someone in the cluster who doesn't live here" bark. My English, on the other hand, is excellent. It has to be, because she does get annoyed if I don't do what she wants me to do. Life can be unfair.

Sibylle: What do you do when you are left alone?

Cadi: I stay in my crate and take a nap and listen to WYPR. I do bark a bit to let her know that I don't approve of her going out and leaving me alone.

Sibylle: Is there anything else you want to tell me?

Cadi: I really do like Broadmead. A dog's life is good here. I hope it is as good for the residents.

VOICE of the RESIDENTS

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